

# SUPPORTING YOUR CHILD WITH REMOTE AND ONLINE LEARNING.....

*For some, both students and parents/carers, learning at home might be a challenge. Below are some support strategies and advice to help you support and assist your child whilst they are working at home and accessing the work on our remote learning platforms.*

- ❖ Ensure your child is **logging into their school email** and **Microsoft Teams each day** to check what work has been set and the deadlines for each subject.
- ❖ **Create a schedule** - encourage your child to follow their usual school timetable (this is found in the planner) so they complete work in a range of subjects each day for short periods of time; a lesson in school is usually 50 minutes long. Alternatively create a personal timetable according to the assignments set and deadlines (e.g. 8.30-9.30am = complete ICT assignment and hand in).
- ❖ Remind your child that there is **no expectation to complete work outside of the normal school timetable/hours**.
- ❖ Encourage your child to have **rest breaks** as and when needed.
- ❖ Help your child to **check messages in their school email** and **communicate with school** if they need to (e.g. to reply appropriately to emails that have been sent or to email their teachers if they need support).
- ❖ Remind your child that **they can email their subject teachers** if they are really struggling with certain tasks or need to ask any questions/seek further support. They can access their school email by going to [www.outlook.com](http://www.outlook.com) and entering their username and password (*for most students this is on a sticker on their planner*). The email address [helpdesk@immanuelcollege.net](mailto:helpdesk@immanuelcollege.net) can be contacted if you have technical issues and [remotelearning@immanuelcollege.net](mailto:remotelearning@immanuelcollege.net) can assist with any other issues around home learning.
- ❖ Remind your child that there is **no expectation for parents/carers to act as teachers** and get directly involved in the work set. Providing lots of support and encouragement, and a place to work, will help your child engage with the work.
- ❖ Finally, remember everyone is doing their best in the current situation. You and your child are doing a great job! 😊