

Yr. 8 Learn Sheet – Assessment point 1 – Hinduism



KEY TERMS

- Reincarnation** – The belief that when you die, your soul goes on to live in another person, animal, or other being.
- Brahman** – One great power – translated as ‘God’. It is everywhere and everything that exists lives in Brahman all the time.
- Trimurti** – ‘The three gods’ – Brahma, Vishnu & Shiva
- Karma** – The actions which affect rebirth
- Ahimsa** – The belief in non-violence

TASK: Match up the following role to the God.

Preserver / Creator / Destroyer



Ahimsa

Ahimsa means to respect all life as it is sacred and to practise non-violence in thought, word and deed.

TASK: Give examples of how Hindus practice ahimsa.

- 1.
- 2.
- 3.

TASK: Read the information in the box.

Explain how the belief in KARMA will influence the life of a Hindu.

Karma

The type of person your soul moves on to depends on how you have lived. This is called the law of **KARMA**. A good karma in your last life will mean a good life this time a bad karma in your last life will mean a hard life this time.

Some Hindus believe doing something very bad will mean your soul is reborn in an animal and has to work its way up to a human being again. Doing something very good may mean your soul is given a ‘rest’ before being reborn.

Festivals

Diwali is the festival of lights. Diwali is celebrated by;

1. **Wearing new clothes**
2. **Visiting the temple**



TASK: Add on **TWO** other things Hindus do when celebrating the festival Diwali.

- 1.
- 2.



Ramayana

The Ramayana is the story of **Rama** and his wife **Sita**. They are the ideal couple and the story tells of how Rama rescues his kidnapped wife from the evil demon king **Ravana**. This victory is seen by many Hindus as the triumph of **good** over **evil**. During Diwali Hindus remember this victory.

TASK: What does this story teach Hindus?

Ganesha

Ganesha is the god of wisdom and strength. He is the remover of obstacles.

TASK: Explain why Hindus’ might pray to Ganesh first.



TASK: Is this a good story to teach Hindu’s how to live life?

