

DICE



Worried about your children's wellbeing and what they are up to and who they are with?

"One of her other friends had gone missing, and they asked who my daughter had been with and she told them and they said these men are possible groomers, I was so naive that I didn't even know what a groomer was"

"We just thought she was just going out with friends but then her attitude started to change, her appearance started to change, she constantly had her mobile phone in her hand, wouldn't let go of it, even taking it to the bathroom"

"We thought he was being a typical teenager spending time on his computer and phone"

Recognising or being told that your child may be at risk is an extremely stressful time and we can support you,

Join this six week programme for parents who want to learn more about how best to support their children....

Dates - 4 October 2018

Times - 9.30-11.30am

Venue - Immanuel College, Bradford

Contact - Jan.Price@jamesuk.org

Topics covered:

- Stress & Coping
- The Teenage Brain
- What is Grooming?
- Online Safety
- Strengthening Parent-Child relations
- Support Networks

What **parent's** say about Dice:

- "excellent course content"
- "...given me a different perspective on teenage behaviour"
- "learning about dealing with my stress has helped me handle situations better"