

NELL BANK

Participant Day Visit Kit List

Clothing:

Practical outdoor clothing – season/weather dependent.

- Trainers
- Hat
- Waterproof coat
- Scarf
- Gloves
- Wellies (loan available)
- Spare clothing

Medication:

eg asthma inhalers, epi-pens, suncream etc.

Packed Lunch:

Including drinks bottle.

Money:

Not required as there is no shop.